

# Vegetarians and vegans - activities 1

## Brainstorm

Brainstorm what you know about vegetarians and vegans.

1. What do vegetarians not eat?

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- .....
- .....
- .....

2. What do vegans not eat?

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- .....
- .....
- .....

3. What are the reasons for a person being vegetarian or vegan?

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- .....
- .....
- .....

## Discussion and roleplay

4. Is it right that vegetarian and vegan parents bring up their children with the same eating habits? Discuss with a partner before sharing your views with the class.

Conclusions: .....

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5. Do a role-play in pairs; one person takes the role of a child explaining to a parent why they want to be vegetarian. The other acts as the parent who has concerns about them giving up eating meat.

