Veggie Pledge sponsor form

Your name:_____

Your address: _____

_____

I will be taking the Veggie Pledge by going vegetarian for: **1 week** ☐ **2 weeks** ☐ **1 month** ☐

During this week, I will eat no meat, poultry, fish or anything derived from a dead animal.

Start date:_____ Finish Date: _____

Sponsored by	Address	Amount
	Total:	

If you would like a list of veggie meal ideas/recipes, or if you need any help or advice contact Animal Aid on **01732 364546** OR email **youth@animalaid.co.uk** OR see **www.animalaid.co.uk/youth**

Please return this form to: **Animal Aid Youth Group, The Old Chapel, Bradford Street, Tonbridge, Kent, TN9 1AW**