

Celebrate a Compassionate Christmas

with animal-friendly fashion, food and fun

Send for a
free festive pack
see over



www.animalaid.org.uk

Easy Steps to a

Compassionate Christmas



- 1 Save a life by giving turkey a miss and having a veggie feast instead! Contact us for a free Go Veggie pack, which is full of recipes and advice.
- 2 Buy cruelty-free cosmetics, toiletries and perfumes, which contain no nasty animal ingredients and haven't been tested on animals. Try Animal Aid's exclusive range of products. Tick the box on this form for a free catalogue, or order online at www.animalaid.org.uk/shop
- 3 Thousands of abandoned pets are destroyed each year. Never give animals as presents, and if you have the time, energy and money to take on an animal, adopt one from a shelter or rescue centre.
- 4 As an unusual and ethical Christmas gift, why not sponsor a big cat, bear or other animal at a nature reserve or a domestic animal at a sanctuary closer to home. Such organisations are always in need of funds, and you will receive updates and pictures of your sponsored animal.
- 5 Put out food and water for wild birds and continue feeding daily during the winter months. Nuts in feeders, seeds and chopped fruit are especially popular.
- 6 Watch out for fur trim on gloves, coats and boots – it could be real rabbit, fox, or even cat or dog. Always check the label to ensure that you're buying fake fur.
- 7 Switch to synthetic 'leather' and 'suede', rather than wearing animal skins. Not only are they funky and fashionable, but they are often cheaper too!
- 8 Don't go to zoos or circuses that still use animals. Keeping animals in captivity and forcing them to perform is cruel and degrading.
- 9 If you make a donation to a health or medical charity, make sure you give only to those that don't conduct animal experiments. Contact us for a list of 'goodies' and 'baddies'.
- 10 Join Animal Aid and help support our vital work for animals by buying your Christmas cards and gifts – including chocolates, books, wine and clothes – from our catalogue (see form below).



Join Animal Aid

Animal Aid exposes and campaigns peacefully against all animal abuse, and promotes a cruelty-free lifestyle.

- Please send me a free Compassionate Christmas guide and merchandise catalogue.
- I would also like to join Animal Aid (and receive 10% discount on all Animal Aid merchandise).
(Annual: Waged £14; Unwaged £9; Youth (16 and under) £6. Life: £240).
Please send a cheque or postal order made payable to Animal Aid.

Name:

Address:

Email: Age (if under 16):

Please tick this box if you would prefer not to receive information from like-minded organisations.



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