

Celebrate a Compassionate Christmas

with animal-friendly fashion, food and fun



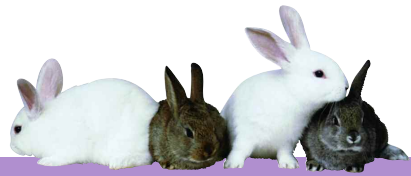
Send for a
free festive pack
see over



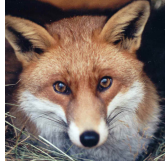
www.animalaid.org.uk

Easy Steps to a

Compassionate Christmas



- 1 Save a life by giving turkey a miss and having a veggie feast instead! Contact us for a free Go Veggie pack, which is full of recipes and advice.
- 2 Make sure the only animals you give away are toy ones! Never buy real animals as presents.
- 3 Support your favourite charity or campaigning organisation by buying cards, calendars, wrapping paper and gifts from their catalogues. Check out Animal Aid's merchandise including books, clothes, wine and chocolates – we can send you a catalogue or you can order online.
- 4 If you make a Christmas donation to a health or medical research charity, make sure you give only to those that don't conduct animal experiments. We can provide a list of 'goodies' and 'baddies', or go to our website: www.animalaid.org.uk.
- 5 Remember to recycle! Cardboard boxes, Christmas cards and wrapping paper should be recycled where possible. Take unwanted gifts to an animal-friendly charity shop (see point 4).
- 6 Arrange a festive fund-raising event such as a costume party or go caroling for your favourite good cause. (For a free fundraising pack, ring us on 01732 364546, ext. 223.)
- 7 Whether buying for yourself or as a gift, purchase only cruelty-free cosmetics, toiletries and perfumes that contain no nasty animal ingredients and haven't been tested on animals. Try Animal Aid's exclusive range of body and haircare products.
- 8 Watch out for fur trim on gloves, coats and boots – don't assume it's fake because it could be real rabbit, fox or even cat or dog. Always check the label to make sure it's 100% synthetic.
- 9 Don't visit zoos or circuses that still use animals. Putting animals on display is degrading and cruel.
- 10 Join Animal Aid and help support our vital work for animals by buying your Christmas cards and gifts from our catalogue.



Join Animal Aid

*Animal Aid
exposes and
campaigns
peacefully
against all
animal abuse,
and promotes a
cruelty-free*

- Please send me a free Compassionate Christmas guide and merchandise catalogue.
- I would also like to join Animal Aid (and receive 10% discount on all Animal Aid merchandise).
(Annual: Waged £18; Unwaged £10; Youth (16 and under) £7. Life: £300).

Name:

Address:

Email: Age (if under 16):

Please tick this box if you would prefer not to receive information from like-minded organisations.



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