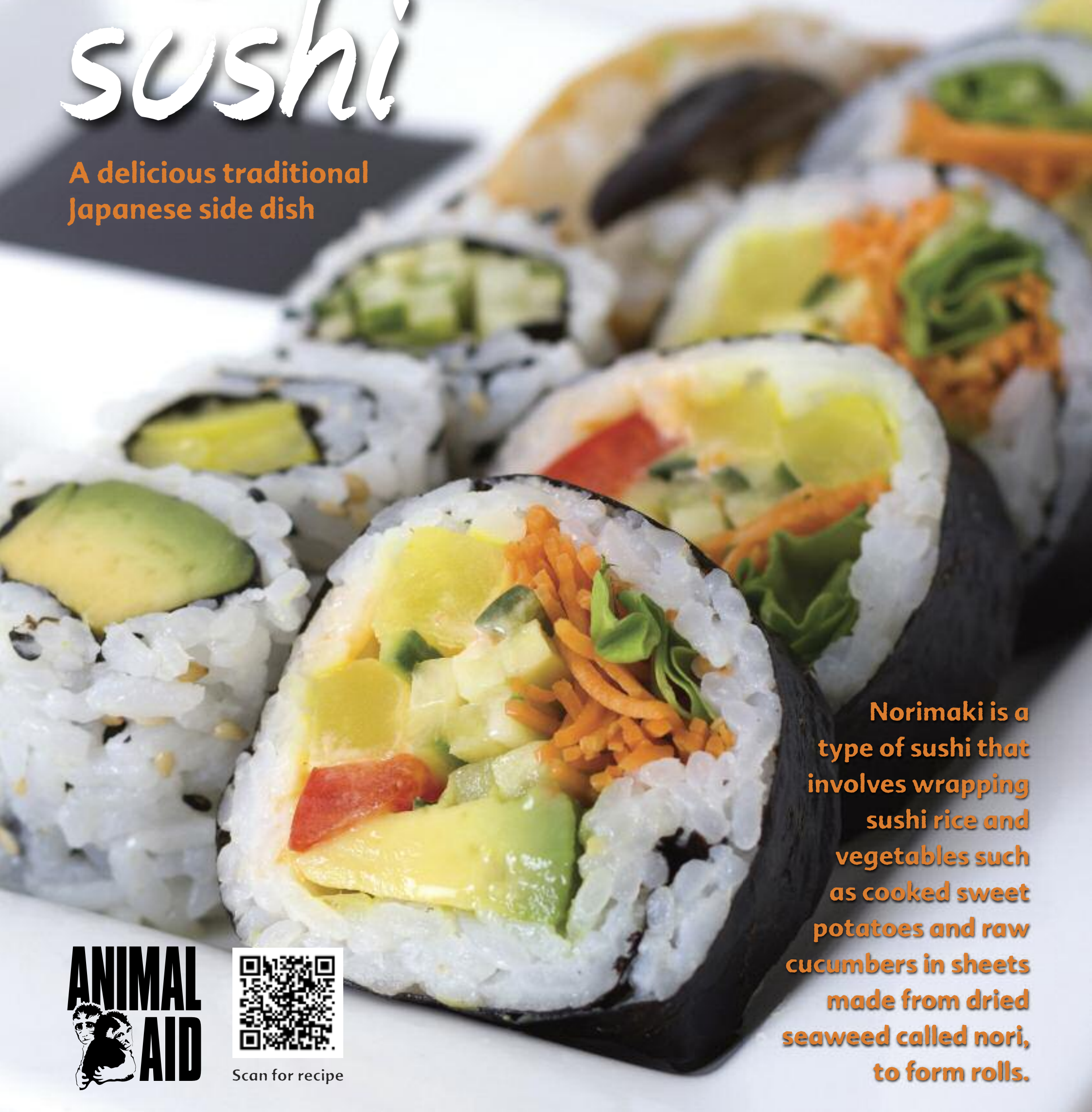


Source of IODINE

Vegetarian sushi



A delicious traditional
Japanese side dish



Norimaki is a type of sushi that involves wrapping sushi rice and vegetables such as cooked sweet potatoes and raw cucumbers in sheets made from dried seaweed called nori, to form rolls.



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For this and other delicious meat-free recipes, visit www.animalaid.org.uk