

ANIMAL RIGHTS IN FIVE MINUTES



What are they, why do they matter, and how can you help



What are animal rights?

Animal rights means recognising that animals are not ours to use. Like us, they have one life — **and it belongs to them.**



Animals are individuals.



Their lives matter regardless of how 'useful' they are to us.



Animals deserve the freedom to live.



Rights over welfare

Animal welfare says it's OK to use animals as long as they don't suffer unnecessarily. Advocates for animal rights say that welfare is beside the point; **animals are not ours to use at all.**

THE RIGHT TO COMPANIONSHIP



- ✗ The question isn't "how should we use animals?"
- ✓ It's "should we use them at all?"

Animal welfare	Animal rights
Better treatment	Equal respect
Humane slaughter	The right to live
Bigger cages	Freedom
Less suffering	The right to dignity
Welfare reform	Abolition

Why does it matter?



Justice evolves

Throughout history, society has expanded rights to groups who were once denied them. Animal rights say it's time to expand that circle again.



The law isn't enough

Animals have welfare protections, but we know these often fail, while UK law still treats them as property, leaving them vulnerable to harm.



A kinder future

A world that respects animals is a world with greater compassion, that is fairer and more progressive for everyone.



The animals of the world exist for their own reasons. They were not made for humans any more than black people were made for white, or women created for men

— Alice Walker



THE RIGHT TO GROW OLD

Animal freedom starts with us

Every social justice movement began with people who questioned what everyone else accepted as normal. **Join millions of people creating a kinder world for animals.**

THE RIGHT TO PLAY

What you can do today



Choose cruelty-free, not products tested on animals



Eat a plant-based diet, not animals or their eggs and milk



Boycott live animal entertainment like zoos, racing, and shooting



Never wear or buy real fur, leather, or wool



Adopt instead of propping up the 'pet' industry



Speak up for animals whenever you can

A kinder world

is possible



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